



**APDT, UK Good Companion Awards**  
**Stage 3 Progressive Exercises**  
HANDLER LIST

- All exercises must comply with the APDT, UK Code of Practice and positive motivational methods must be employed at all times.
- Clickers, food and toys may be used wherever needed and appropriate at this stage for rewarding, but not luring, behaviour.
- All owners should be carrying poo bags.
- All dogs must be wearing a suitable collar / fixed harness and ID tag

***Lead Walking***

- The handler and dog will walk for 3 minutes showing control on BOTH sides while there are distractions of two other handlers and dogs, bicycle or pram, kiddy cars or similar, two other people with shopping bag/umbrella/walking stick.
- Approximately 1.5 minutes each side.

***Safety***

- The dog will approach a gate/doorway and WAIT to allow a stooge dog and handler through first.
- The dog will proceed and follow the Safety and Self-Control as before. (In foundation)

***Tricks***

- The dog will, on cue, perform 3 moves enjoyable to the team.
- Example. Spins, (handler's choice of position) play bows. Weaves, Moving Back (1.5metres, 5 feet)
- The dog will, on cue perform a trick to show the use of a prop, eg post, small trampoline, umbrella, etc.

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***Away***

- The dog will, without hesitation on cue, go to a target point at a distance of approximately 4.5 metres, 15 feet and stand, sit or down for 30 seconds

before being rewarded. (As if being sent away from the table or from a door to allow visitor to enter)

### **Recall**

- Dog will return to handler's side from a distance of 10 paces and continue to walk with the handler for a short distance (40 feet, 12 metres)
- This exercise to mimic a dog off lead on a walk and being called to the handler's side.

### **Leave**

- The dog will, off lead, be called from two separate moderately interesting items which have been placed on the floor example: toy, dried food from a dish covered with mesh or similar)

### **Find & Scent** – 1 out of the following 4 exercises must be completed

- The dog will, when cued to do so, find his/her own toy from a basket containing other toys (activity balls) and drop the toy when asked to do so. (The toy may be placed by the handler or assessor)
- As above from a container of old clothing/cloths etc.
- Indicate a 'Find 'object which is hidden from view i.e. under cups, plant pots, markers as if indicating a find in search and rescue work.
- The dog will retrieve a thrown toy, return to handler and drop or give the toy cleanly on the release cue.

### **Stay**

- The dog will perform 2 stay exercises
  - a) The dog will stay on a mat in sit, down or stand while the handler goes to speak to a friend at a distance of 5 paces away for 2 minutes before returning to the dog.
  - b) Will stay by a chair/table for 1 minute whilst the owner picks up an item of food to eat/or pretend to eat.